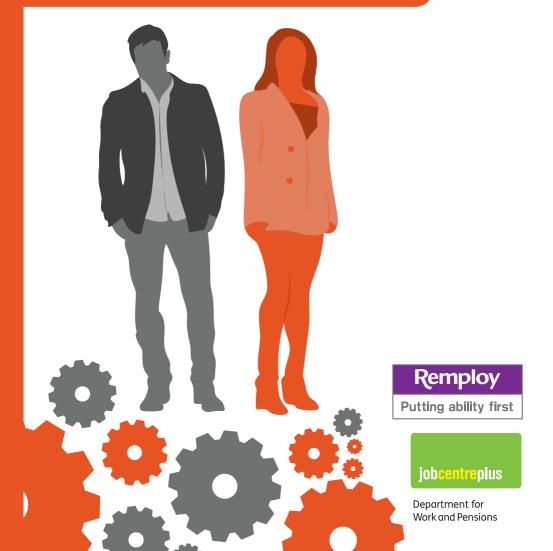
## Supporting Apprentices



A happy, healthy apprentice is a more productive one!



# Realise the benefits of achieving emotional well being with apprentices

We understand the importance of a healthy and productive workforce...

With this is mind, our free service will help your apprentices overcome any difficulties they are experiencing at work due to stress, anxiety or depression, so that they can remain a valuable asset to your company.

This free service will complement any occupational health service you already have in place, and is delivered by advisors who are fully trained professionals with expertise in mental health and its impact in the workplace.

#### An apprentice can benefit from:

- Workplace emotional wellbeing support and advice for six months, tailored to the needs of the apprentice
- Advice on simple adjustments that could be implemented to help individuals fulfil their apprenticeship
- Helping you fully understand what support you can offer to apprentices with anxiety, stress or depression (with their permission)
- Help for apprentices to identify successful coping strategies that will support their success
- A step-by-step support plan for apprentices to follow, helping them to get back on track
- Support provided in an appropriate environment, in respect of the apprentice's wishes.

### Eligibility Criteria\*

To qualify for this service, individuals must:

- Be on an apprenticeship programme (attending or signed off sick)
- Have a mental health condition that has resulted in absence, or is causing difficulties to remain in their apprenticeship.
   (eg anxiety, stress, depression, eating disorders, self-harm etc.)

#### **About Remploy**

Remploy is passionate and committed to supporting disabled and disadvantaged people to lead fully independent and inclusive lives through sustainable employment. We help employers across the UK to realise the benefits of a diverse workforce, while equipping disabled and disadvantaged people with the confidence and skills they need to build successful careers.

By working in partnership with Access to Work; a Jobcentre Plus scheme, we are delivering this service to apprentices who are affected by a mental health condition in the workplace.

#### Did you know?

1 in 6 people in the UK are affected by a mental health condition.

Employees with a mental health condition, who remain in work without the support they need, cost UK businesses around £15 billion a year. Staff turnover as a result of employees leaving their jobs due to mental ill health costs employers £2.4 billion a year.

Sources: Office for National Statistics – June 2010 Mind - 2011

<sup>\*</sup>Application is subject to a decision by Access to Work

#### How to apply

Accessing our service is simple, just contact Remploy and we'll do the rest:

Tel: 0300 456 8210

Email: apprentices@remploy.co.uk

www.remploy.co.uk/supportingapprentices



18c Meridian East Meridian Business Park Leicester LE19 1WZ

#### Join our online communities:



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Department for Work and Pensions



Putting ability first

If you need this information in an alternative format or language, please email:

communications@remploy.co.uk quoting ref. 185 - MAY 2016